



How to play it safe in a lab

Basic Course

October 28, 2015

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Program

1. Main hazards in a laboratory
 - Part 1: chemical products
 - Part 2: other hazards
2. Risk analysis - Where to find information
3. Dealing with hazards: Minimization of risks
4. Personal Protective Equipment
5. Emergencies - How to react
6. Questions

Coffee break

10 o'clock / 11 o'clock

in Polysnack HG F-Stock

mention «how to play it safe in a lab» at the cash desk





Main hazards in a chemical laboratory:

Part 1: Chemical products

Chemical products in everyday life / at work

Chemicals can be found almost everywhere, e.g.:

- cleaning agents
- solvents
- batteries
- medical products / drugs
- fuels
- matches
- photography
- ...



Attention: Chemicals are also hazardous...



- fires
- burns
- chemical burns
- intoxications
- allergies
- explosions
- damages of skin or tissues
- damage of materials
- danger for the environment



Main hazards in a chemical laboratory:

Part 1: Chemical products

→ Labeling

Labeling

Danger symbols

– Labels on bottles

Explosions-
gefährlich

Leichtentzündlich



Giftig

Gesundheits-
schädlich

Ätzend



komprimierte Gase



Brandfördernd



Hochentzündlich



Sehr giftig



Reizend



Umweltgefährlich



Hazard and safety indications on lab doors



Labeling

Prohibition signs



Labeling

Warning signs

- On entrance doors
- On cabinets



Labeling

Mandatory signs

- On entrance doors
- On machines



Right or wrong?





Main hazards in a chemical laboratory: Part 1: Chemical products

→ How to work with chemical
products in a lab

How to work with chemical products in a lab:

Fume hood



source: <http://www.waldner-lab.de/de/service/galerie/fotos.aspx>

Laminar flow



source: <http://ssfp.unileoben.ac.at/Laminar.htm>

Glove Box



source: <http://en.wikipedia.org/wiki/File:Glovebox.jpg>

Fume hoods



Why working in a fume hood?

- Prevent toxic, harmful or corrosive gases, vapors, dust particles, aerosols, etc from spreading into the ambient air
- Prevent formation of explosive gas mixtures inside a fume hood
- Protection against splashes and splinters

When working in a fume hood?

- When conducting experiments/procedures which might release harmful or hazardous gases, vapors, dust and aerosols



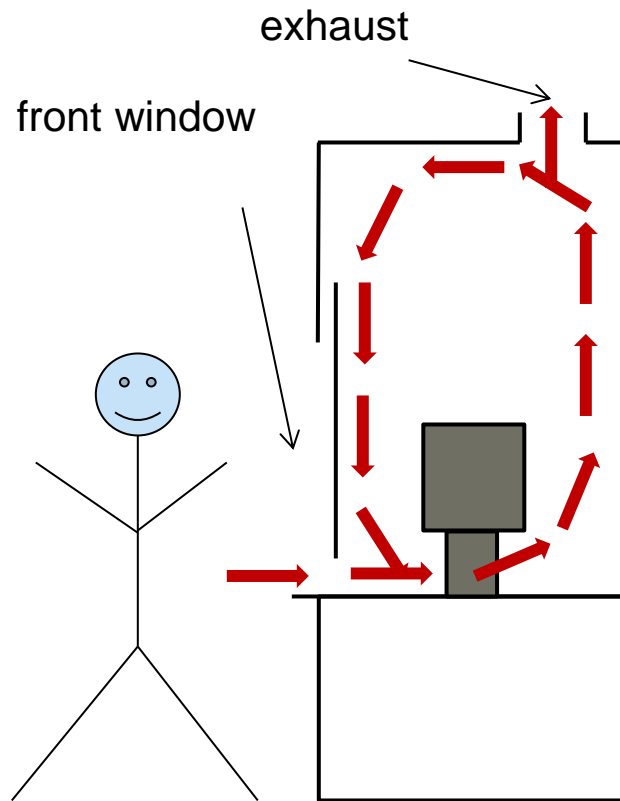
Fume hoods

Some basic rules:

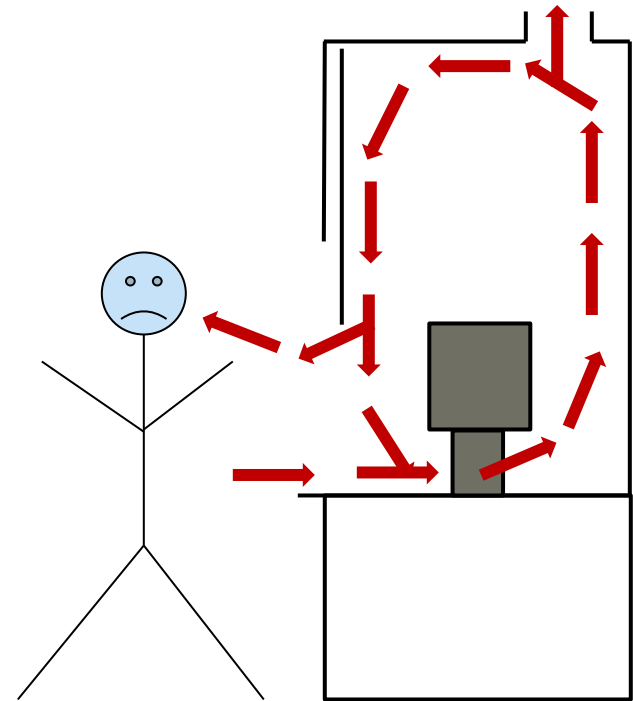
- Check fume hood is **ON** (with a piece of paper)
- Only work in laboratory scale
- Always wear **PPE** such as safety glasses, labcoat (and gloves)
- Keep front window closed
- Fume hood \neq storage place



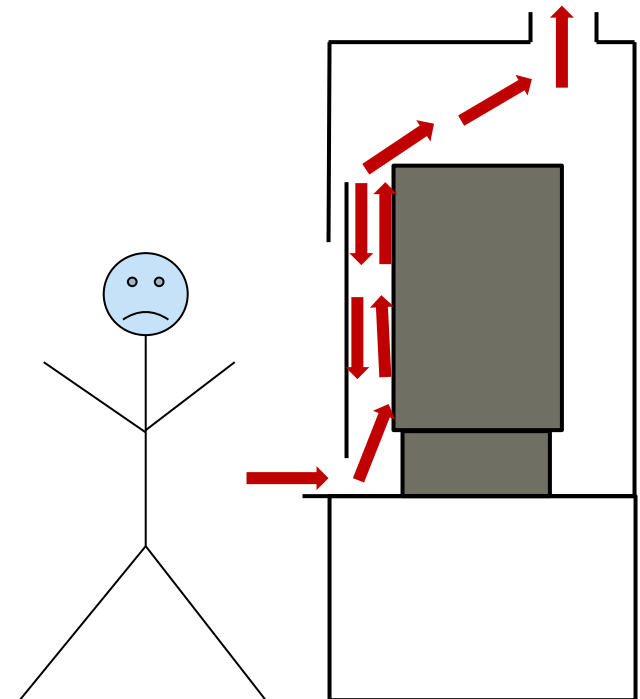
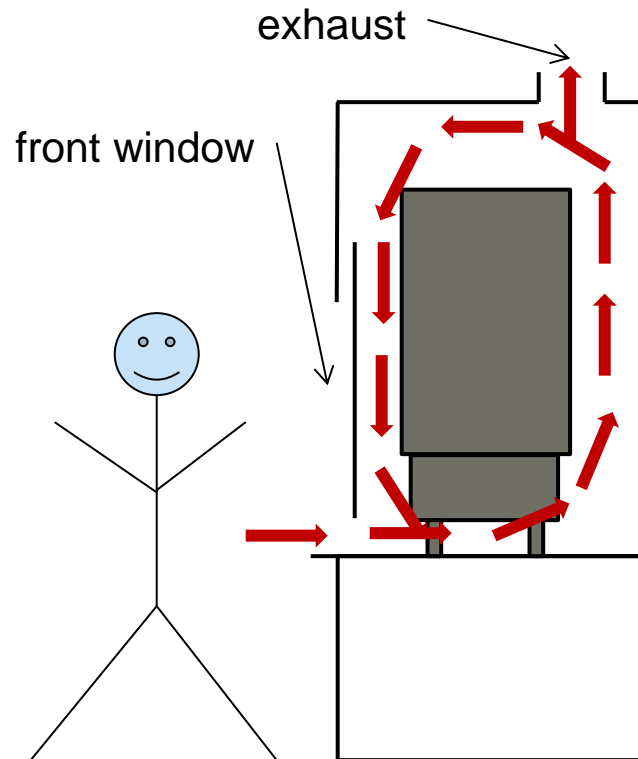
Fume hoods



→ **Keep front window closed!**

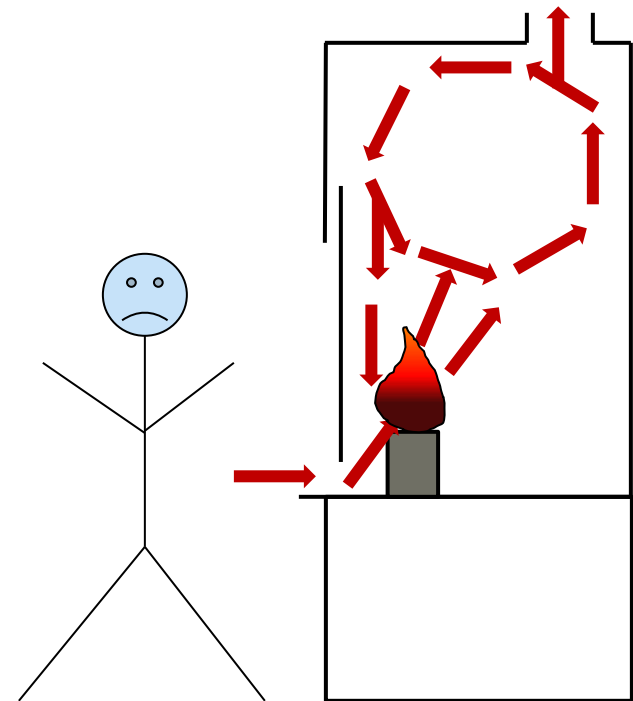
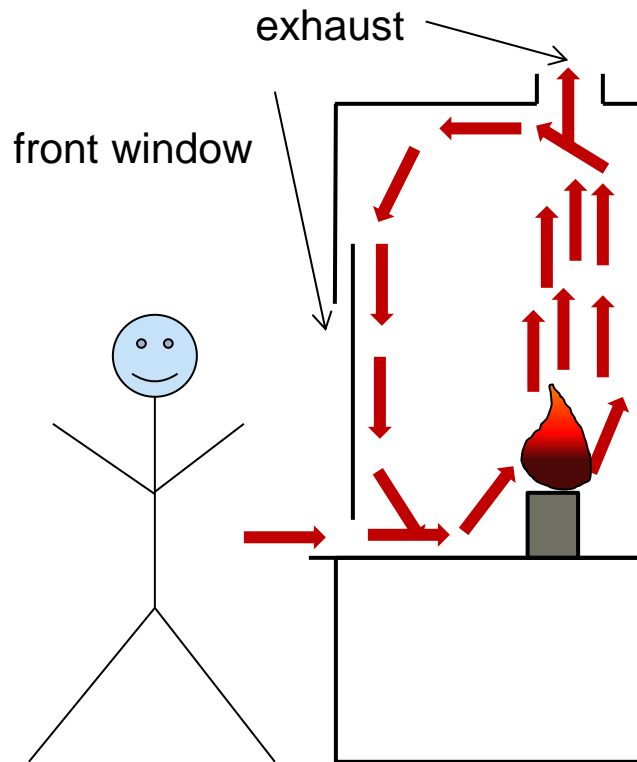


Fume hoods



→ **Make sure that airflow / circulation is not disturbed by large equipment in the fume hood !**

Fume hoods



→ Place heat sources in the rear part of the fume hood!

What is wrong?



Glove box



source: <http://en.wikipedia.org/wiki/File:Glovebox.jpg>

What is a glove box?

- Sealed container to manipulate compounds / objects in a separate atmosphere
- Objects / substances have to be introduced into and removed via an air-lock

Glove box



When working in a glove box?

- To work with hazardous substances in a specially filtered atmosphere
- To manipulate substances in an inert gas atmosphere (e.g. argon, nitrogen)

Laminar flow box

Functional principle:

- Room air is sucked in the laminar flow box and filtered (e.g. HEPA-filtration)
→ creation of a sterile atmosphere
- Laminar flow reduces turbulences of particles present in air and discharges them downward
- Recirculation of air within the box to the room

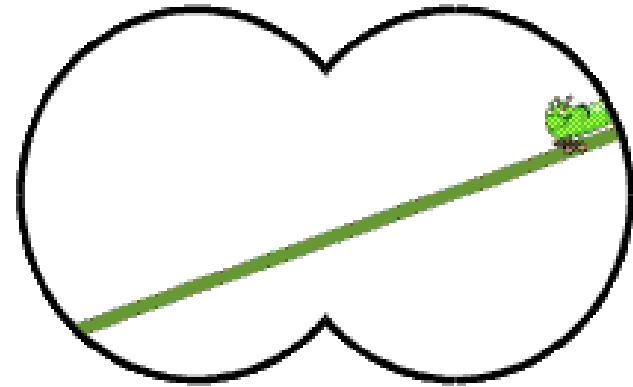


→ Laminar flow box ≠ fume hood

Laminar flow box

When working in a laminar flow box?

- Need of a sterile atmosphere
 - often biological work
 - biosafety cabinets
- Need of a dust free atmosphere
 - optics
 - analytics
 - electronics



source: <http://zocker0815.npage.de/gedanken.html>





Main hazards in a chemical laboratory:

Part 1: Chemical products

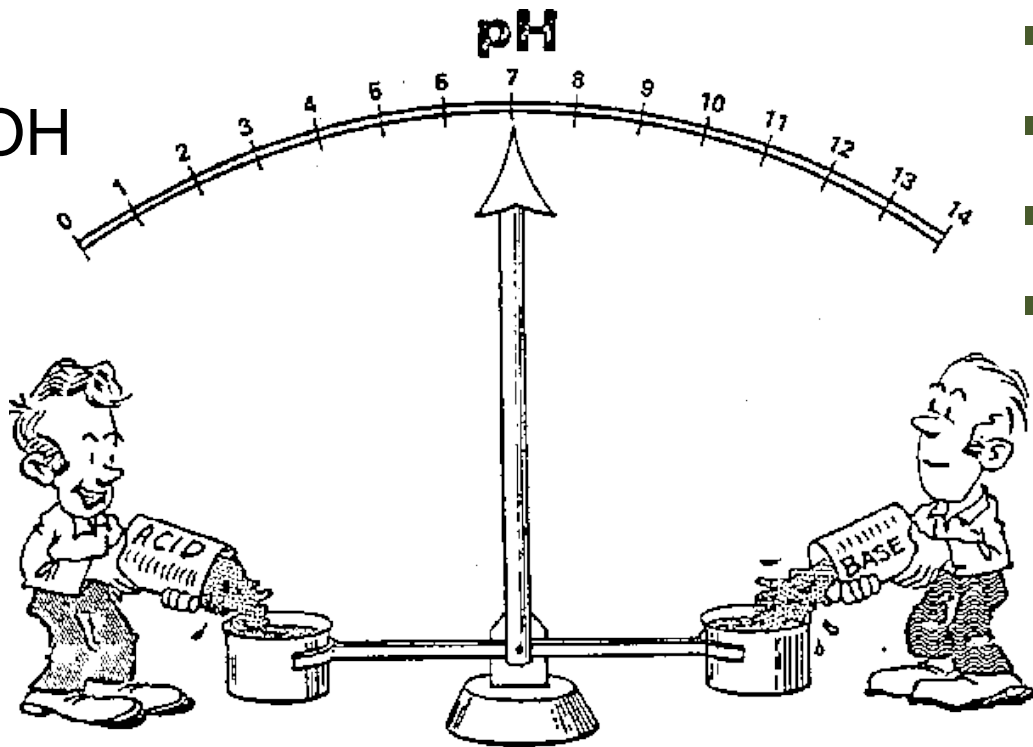
→ Hazardous chemicals

Acids and Bases



- HCl
- HNO₃
- H₂SO₄
- H₃CCOOH
- HF
- ...

- NaOH
- KOH
- Ca(OH)₂
- NH₃
- H₃CNH₂
- ...



Chemical burn

Danger:

Acids can cause chemical burns on the skin



Model: Nitric acid on meat – with and without protective gloves

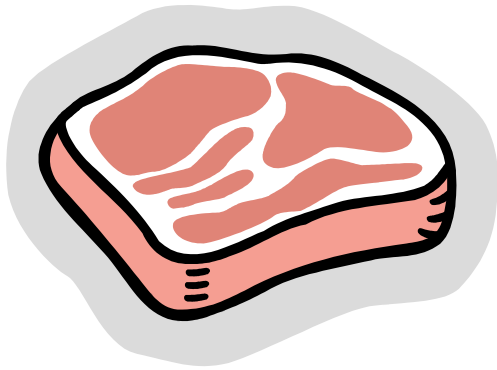


Chemical burn



Observations:

- The piece of meat turns immediately white when it gets in contact with the acid
→ **chemical burn**
- The piece of meat protected by a glove isn't chemically burned
- Also the glove remains intact



Chemical burn



Consequences:

- Wear gloves and safety glasses
- Work in a fume hood



Hydrofluoric acid – HF

- Highly corrosive liquid
- *Strong contact poison*
- Chemical burn of lower tissue layers, even bones
 - interferes with nerve function
 - initial chemical burns may not be painful
 - *accidental exposures can go unnoticed*
- Rule: a burn the size of your palm is fatal (40% HF)

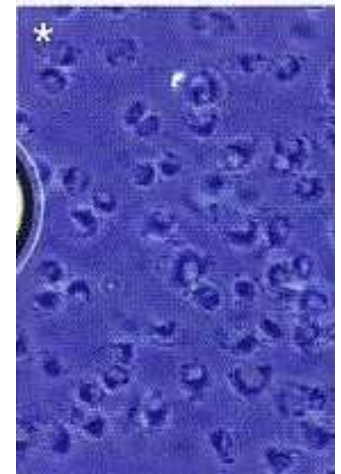
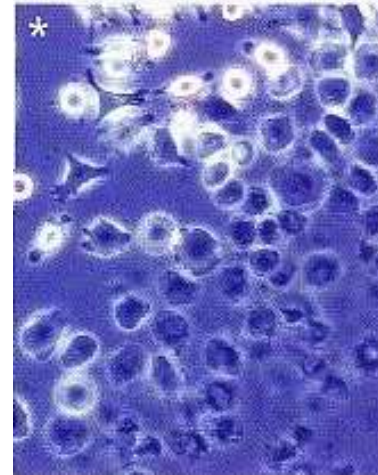


<http://www.glasmalerei.de/techniken/aetzen/aetzen-1/index.html>

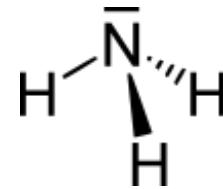


Sodium hydroxide – NaOH

- Can decompose proteins and lipids in skin, eyes ...
→ chemical burn
- Dissolution of solid NaOH
→ exothermic, resulting heat can cause heat burns or ignite flammables
- Exothermic reaction with acids
- Corrosive to some metals, e.g. Al
→ produces flammable H_2 gas



Ammonia



- Characteristic pungent smell
- Irritating, caustic effects on eyes and skin
- Easily resorbed through the skin
- Inhalation
 - irritating / harmful effects on the respiratory system (*acute effect*)
 - respiratory disorder (*chronic effect*)
- Oral incorporation
 - severe damages of the digestive tract



Pungent smell = first warning

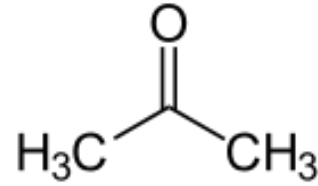
Solvents



- acetone
- acetonitrile
- dichloromethane
- ethanol
- ethyl acetate
- hexane
- tetrahydrofuran
- ...



Acetone



- Degreases the skin
- Only slightly toxic in normal use
- Most hazardous property: *extreme flammability*
- Temperature greater than flash point
→ air/**acetone** mixtures (97.5/**2.5**-vol% – 87.2/**12.8**-vol%) may explode or cause a flash fire
- Vapors can ignite sources and flash back
- Static discharge may ignite acetone vapors



Solvents



Danger:

Damage of material or deleterious effects on skin

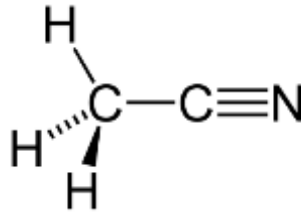
Consequences:

Skin protection and care comprises:

- Use of gloves
- Use of hand cream



Acetonitrile



- Metabolized to *hydrogen cyanide*
→ the onset of toxic effects is delayed about 2–12 hours
- *Symptoms:* breathing difficulties, slow pulse rate, nausea, and vomiting
→ *Serious cases:* convulsions and coma, followed by death from respiratory failure



source:

http://www.topfruits.de/html_datasheet.php?products_id=1810

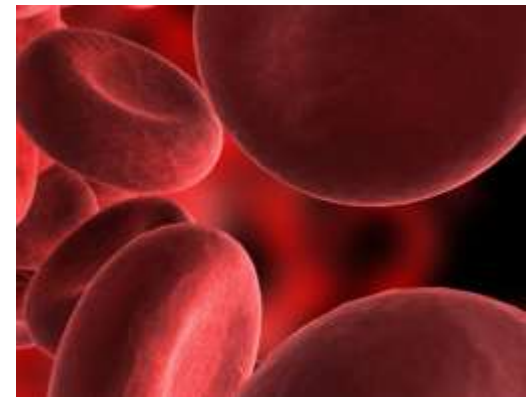
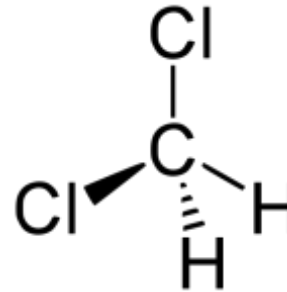


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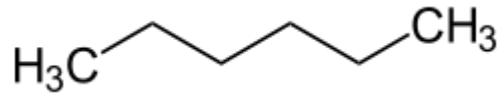
<http://www.hoio.ch/index.php?id=1103>

Dichloromethane (DCM)

- High volatility
- *Acute inhalation hazard*
- Metabolized to carbon monoxide
→ eventually CO poisoning
- Acute exposure by inhalation
→ optic neuropathy, hepatitis
- Prolonged skin contact
→ possibly dissolving of the fatty tissues in skin
→ skin irritation or chemical burns
- DCM *might be carcinogenic*



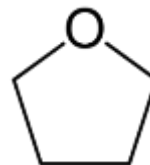
Hexane



- **Acute toxicity:** low, mild anesthetic
 - first a state of mild euphoria
 - followed by somnolence with headaches and nausea
- **Chronical toxicity:** well known in humans
 - Extensive peripheral nervous system failure
 - Initial symptoms:* tingling, cramps in the arms and legs
 - then:* general muscular weakness
- Suspected of damaging fertility



Tetrahydrofuran (THF)



- Penetrates the skin → rapid dehydration
- Serious eye irritation
- Respiratory irritation
- Greatest danger: *tendency to form highly-explosive peroxides on storage in air*



- often inhibitor added in commercial samples
- THF should not be distilled to dryness, because the explosive peroxides concentrate in the residue

Inflammable chemicals



Danger:

Inflammable substances can ignite or be ignited and cause fires and burns

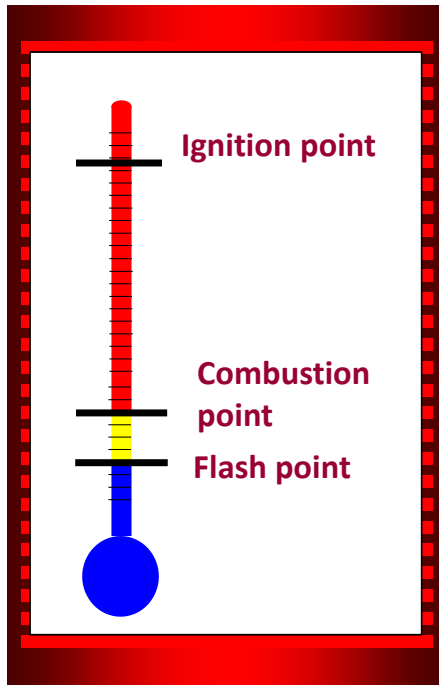
http://www.arbeitsschutzfilm.de/mediathek/youtube/explodierende-gasflaschen-auf-der-autobahn-video_984c63331.html



Inflammable chemicals



Explanation:



Flash point:

Vapors are ignited by an ignition source
combustion stops after removal of the ignition source

Combustion point: Vapors are ignited by an ignition source
continue burning after removal of the ignition source

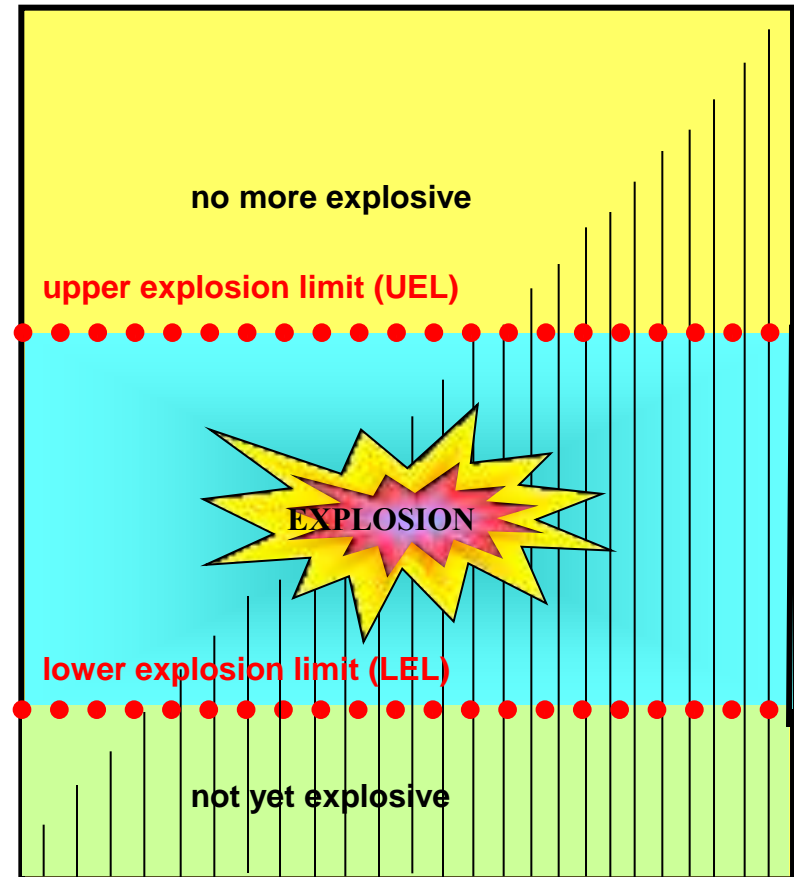
Ignition point:

Vapors ignite spontaneously

Inflammable chemicals

Explosive mixtures:

substance	LEL [%vol]	UEL [%vol]
ether	1.7	36.0
ethanol	3.4	15.0
gasoline	0.6	8.0
hydrogen	4.0	75.6



No smoking



No food and drinks in a lab



What is wrong?



What is wrong?



What is wrong?

Gefährliche Stoffe niemals in Getränkeflaschen!

- Gefahrenpiktogramme beachten.
- Gefährliche Stoffe in Originalverpackung aufbewahren.
- Niemals in Lebensmittelbehälter umfüllen.



NEVER !

suvapro
Sicher arbeiten

SGU
Sicherheit, Gesundheit und Umwelt

Hand, Protection, Arbeitsschutz, Tel. 0041 44 600 61 11, www.suva.ch
Online-Beratung: www.suva.ch/online





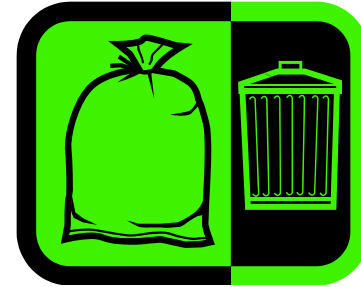
Main hazards in a chemical laboratory:

Part 1: Chemical products

→ Waste disposal

Disposal of “normal” waste

- Minimize waste
- Separate waste
 - Paper and cardboard
 - Glass and bottles
 - PET
 - Metal
 - Electrical waste
 - Used CD/DVDs



Disposal of hazardous waste



→ the smellier the waste the more it needs to be collected separately

- Minimize waste
- Use official containers
- Separate waste
 - Acids
 - Bases
 - Mercury
 - Chlorinated solvents
 - Non-chlorinated solvents
 - ...

Disposal of hazardous waste

- CNB

Wednesday: 09 - 11 am

Contact: **Martin Frei**

martin-frei@ethz.ch

- HCI

Monday - Friday: 2 - 4 pm

Contact: **Guido Krucker**

guido-krucker@ethz.ch

- HPL: once per month



Campus Zentrum



Science City, Campus Höggerberg

Waste?



Waste!



source: <http://sprachstammtischmuenchen.jimdo.com/blog-latest-news/all-blog-posts/>



Main hazards in a chemical laboratory:

Part 1: Chemical products

→ Apparently harmless substances

Apparently harmless substances: really harmless ↔ inherent dangerous

Example 1: Nitrogen (N_2)

- The air consists of almost 80% nitrogen
- Nitrogen is not flammable, not toxic, odorless

→ absolutely harmless???



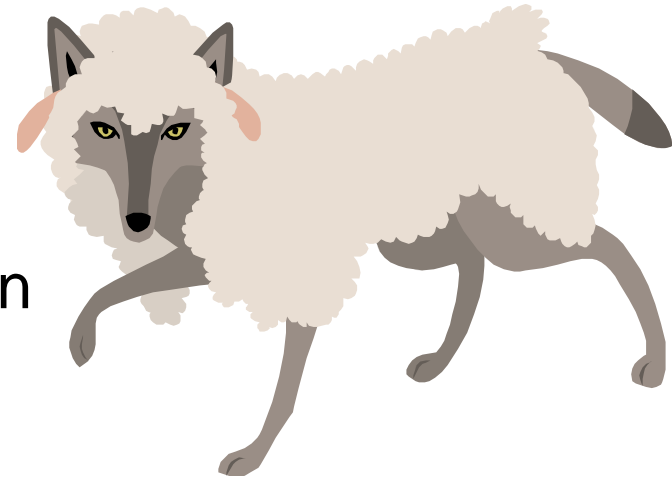
Liquid nitrogen

Danger:

Apparently harmless substances

→ Risk is underestimated

Model: Rose in liquid nitrogen



Liquid nitrogen



Observations:

- The rose cracks after removing it from the liquid nitrogen bath ($-196\text{ }^{\circ}\text{C}$)
- Even very cold substances can be liquid \rightarrow cryogenic liquids

Liquid nitrogen



source: <http://www.phys.ethz.ch/phys/dep/dienste/techbetr/verfluss/>



Consequences:

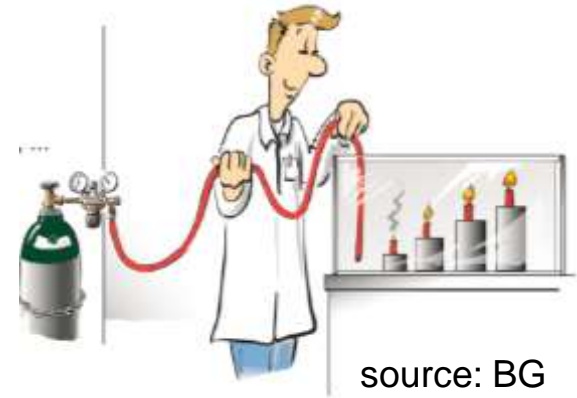
- Avoid direct contact to cryogenics (also to tubing)
- Wear safety glasses and special gloves



Liquid nitrogen

Yet another danger:

- 1 Liter of liquid nitrogen
→ about 700 liter of gas!
- Displaces oxygen (O_2) from the air

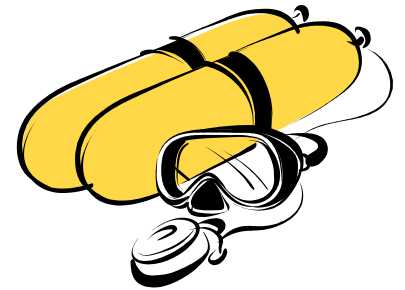


source: BG
RCI

content of O_2 in the air	What happens?
ca. 21%	Normal ambient air
< 16%	Expired air Loss of performance
< 11%	Fire gets extinguished
< 10%	Sudden loss of consciousness
< 6-8%	Death by asphyxiation within minutes

Apparently harmless substances: really harmless ↔ inherent dangerous

Example 2: Compressed Air



„Compressed air is not really dangerous, is it?“



Gas cylinders



Danger:

Underestimation of „secondary“ hazards

Model:

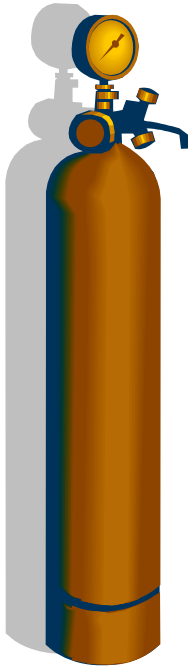
Valve of compressed air cylinder breaks



source: Schweizerischer
Feuerwehrverband

Gas cylinders

Consequences:



- → Use personal protective equipment
- → Avoid heat sources next to gas cylinders
- → Secure gas cylinders against falling
- → Always use the correct pressure reducing valve
- → When not in use: safety cap
- → Never use „brute-force“ when handling valves
- → Never lubricate valves
- → Label empty and defective cylinders

What's wrong?



source: BG RCI

What's wrong?



source: BG RCI



Main hazards in a chemical laboratory:

Part 2: Other hazards

Some other common hazards in a (chemical) lab:

- Lasers
- Heat sources
- Magnetic fields
- Biological agents (pathogens, GMO)
- Centrifuges
- High voltage, power current
- Vacuum or high pressure
- Sharps and glassware



Main hazards in a chemical laboratory:

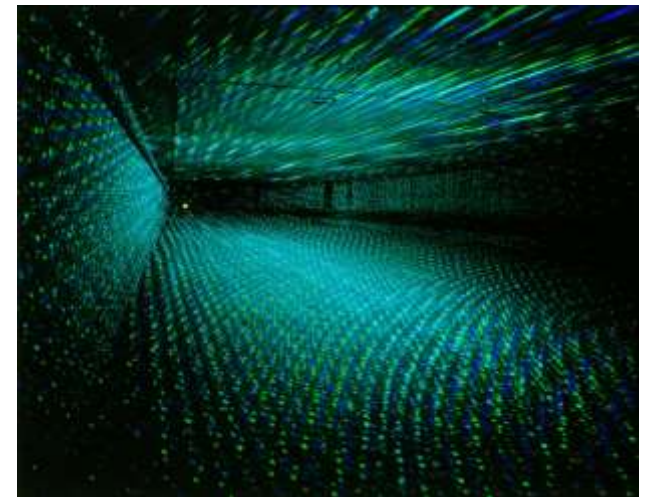
Part 2: Other hazards

→ Lasers

Laser (*non-ionising radiation*)

4 Classes:

- **Class 1**
 - - **Safe** under all conditions of normal use
- **Class 2**
 - - Visible-light lasers
 - - **Fairly safe**
blink reflex will limit the exposure to no more than 0.25 seconds (if not viewed through optical instruments)
 - → **Do not stare into beam**



source: luminapolis.com/en/2010/01/deutsche-nationalbibliothek-interaktive-laserskulptur/

Laser (*non-ionising radiation*)



Class 3

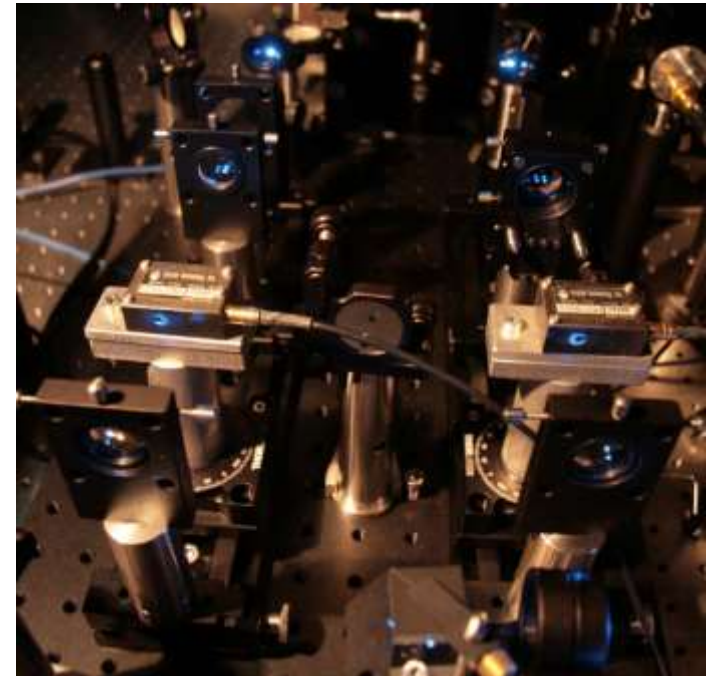
Class 3 R

- - Is considered safe if handled carefully, with restricted beam viewing
- - The maximum permissible exposure can be exceeded → **low risk of injury**

Class 3 B

- - **Hazardous** if the **eye** is exposed directly, in some cases it **can be hazardous** for the **skin**

→ **Wear protective eyewear**



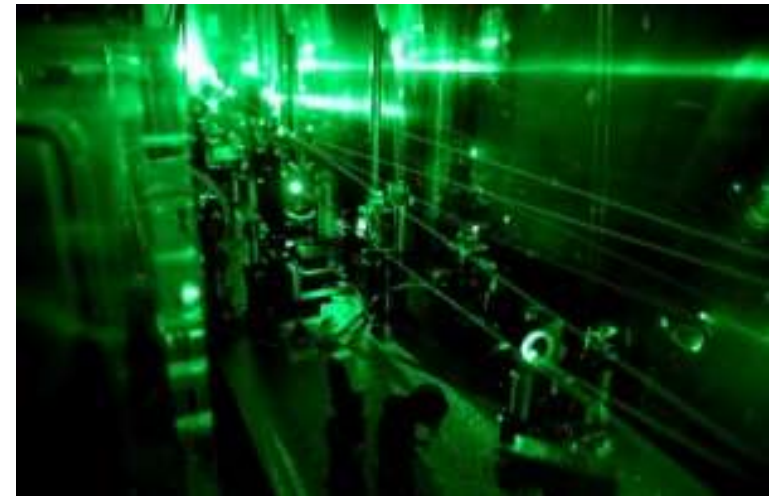
source : www.dresden-forscht.de/index.php?id=49

Laser (*non-ionising radiation*)



Class 4

- - Can cause **permanent eye damage** and **burn** the **skin** as a result of direct or diffuse beam viewing.
- - May ignite combustible materials, and thus may represent a **fire or explosion risk**
- → **Wear protective eyewear**



Laser Labelling

Warning sign



Indication of laser class
and instructions



Additional labelling – laser classes 3B and 4

Laser data



Warning lamp
in front of the door
=
DON`T ENTER.

Laser medium	
Wave length	
Duration of emission	
Radiation efficiency	
Radiation energy	



source: <http://www.goebel-laser.de/html/warnen.html>



source: <http://www.laser2000.de/index.php?id=370356>



Main hazards in a chemical laboratory:

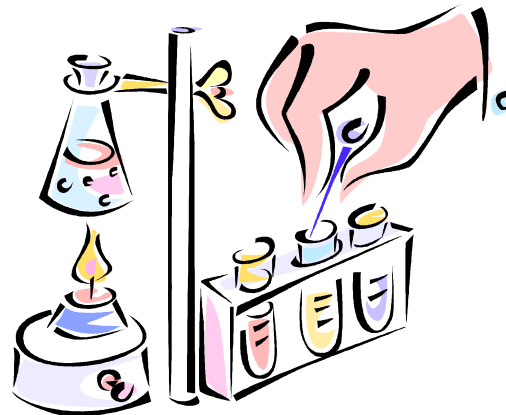
Part 2: Other hazards

→ Heat sources

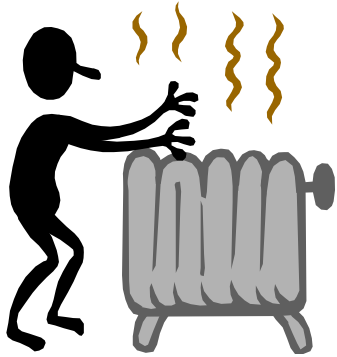
Heat sources in a lab



- open fire (Bunsen burner)
- hotplate
- sand bath
- oil bath
- light sources (Lasers, light bulbs)
- ...



Heat sources in a lab



Basic rules:

- Don't touch hot surfaces (this rule seems to be quite obvious, but...)
- Hot surfaces look the same as cold surfaces
→ mark them with a warning sign
- Check electric installation (temperature control, etc.) regularly



Heat sources in a lab



Some more rules:

- Caution: no water near oil bathes!
→ preferably use DrySyn systems
- Keep flammables and gas cylinders away from heat sources
- Beware of secondary hazards (e.g. Laser beam, open gas,...)

source: http://www.dechema.de/Presse/Pressemitteilungen/Archiv/2008/42_2008.html





Main hazards in a chemical laboratory:

Part 2: Other hazards

→ Magnetic fields

Magnetic fields



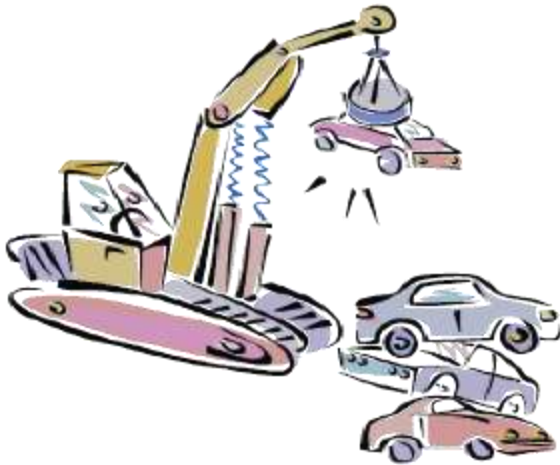
Hazardous effect depends on the strength of the magnetic field

Field intensity	description	Restrictions / no access for
0.5 mT / 5 G	Maximal field authorized for public, wearers of pacemakers or implants, pregnant women	Public, wearers of pacemakers or implants, pregnant women
3 mT / 30 G	Field starting from which ferromagnetic objects can be dragged by the field	Any ferromagnetic object (e.g. tools)
0.2 T / 2 kG	Field starting from which the access is unauthorized without medical recommendation.	Any, except with medical recommendation

Magnetic fields



Protective measures



- Mark the dangerous zone (line on the ground)
- Keep out if you are not authorized
- Warning signs, prohibitions



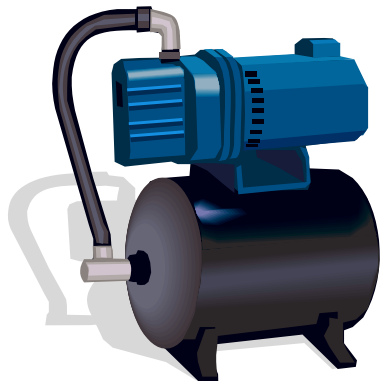


Main hazards in a chemical laboratory:

Part 2: Other hazards

→ Vacuum

Vacuum



- **Implosion**
- **Protective measures:** shielding windows, safety glasses , etc.
- Never evacuate cylindrical or cubic glassware (only round flasks)
- Make sure that equipment is vacuum-proof





Main hazards in a chemical laboratory:

Part 2: Other hazards

→ High pressure

High pressure

- Explosion
- Hazard depends on physical condition:
200 bar liquid (e.g. HPLC) less hazardous than 200 bar gas pressure (e.g. N₂ gas bottle)
- Make sure that equipment is high-pressure-proof
- Reactions / procedures with more than 10 bar gas pressure

→ **work in high pressure labs**
→ **inform SSHE**





Main hazards in a chemical laboratory:

Part 2: Other hazards

→ Sharps

Sharps: Syringe needles, scalpels



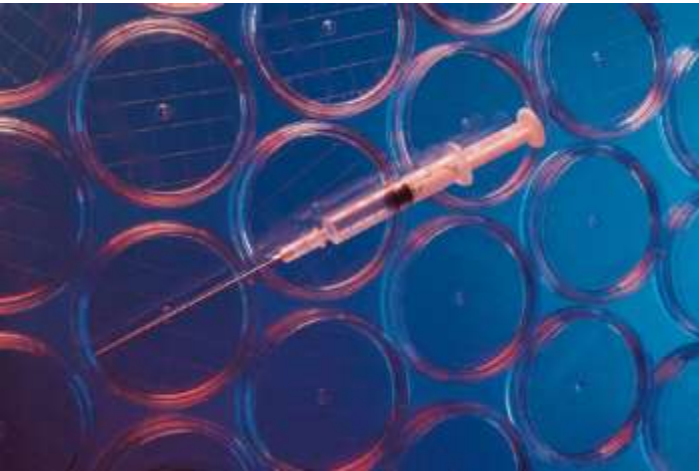
- **Injuries**
Potential source of contamination with chemical, biological, infectious, radioactive material
- **Needle-stick injuries**
Often occur when recapping needles
 - immediately dispose of syringe and needle
 - Never place any sharps in the ordinary trash bin
- **Common causes for lacerations**
 - Picking up contaminated pieces of broken glassware
 - Working with damaged glass equipment

Special Sharp Containers



- Unbreakable, puncture-proof, sealable
- Place sharps container within easy reach
- Don't walk around when carrying sharps
- Dispose of sharps immediately after use.
- Don't overfill sharps container
- Seal it when it is $\frac{3}{4}$ full and take it to the hazardous waste disposal station.

Contaminated Sharps



Sharps contaminated with infectious material:

Have to be inactivated before disposal

→ collect in autoclavable sharps containers

→ autoclave

→ dispose

What is wrong?





Risk analysis – where to find information?

Where to find information on specific hazards



- Machines / equipment
→ user's manual, supplier
- Laboratory hazards
→ DGUV "Working Safely in Laboratories – Basic Principles and Guidelines"
<http://bgi850-0.vur.jedermann.de/index.jsp>

→ ETH SSHE factsheets, guidelines, concepts
<https://www.ethz.ch/services/de/service/sicherheit-gesundheit-umwelt/dokumente.html>



Where to find information on chemicals

- On the **product label** on the bottle / can



- In the **MSDS** (Material Safety Data Sheet)

- Substance, production company
- Detailed contents
- Possible hazards
- First aid measures
- Fire fighting measures
- Handling and storing
- Personal protective equipment (PPE)
- Physical and chemical properties
- Toxicology
- Ecotoxicology
- Transportation
- Legal aspects



Where to find information on chemicals



- Online databases
→ e.g. GESTIS (also available as Apple and Android app)



- For non-commercial new chemicals: scientific publications



Dealing with Hazards: Minimization of Risks

Dealing with hazards / minimization of risks

Before the experiment:

- Check and consider safety instructions
- Define exactly the work flow and procedures
- Check experimental setup



Minimization of risks



During the experiment:

- Apply safety measures
- Use protective equipment
- Protect people, environment and values



Minimization of risks

After the experiment

- Clean up your workplace, sort / recycle your waste
- Turn off all media (cooling water, electricity, gas, etc.)



**In general: think
before you act**

**In case of doubts
or questions:
contact an
expert**

Dealing with hazards: The STOP concept



Technical
measures

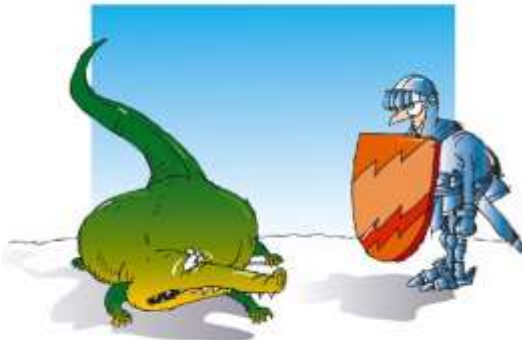
Strategic
measures



Organizational
measures



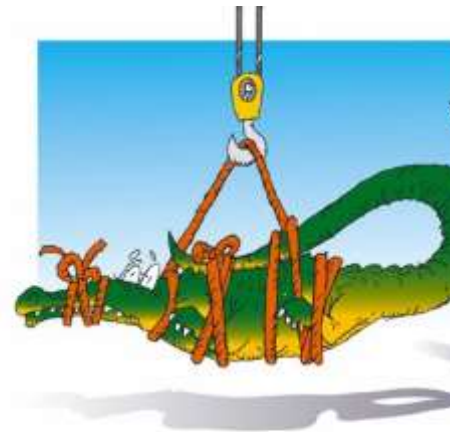
Personal
protective
equipment



Decreasing efficacy

STOP: Strategic measures

- Check if there are less hazardous products available (substitution)
→ e.g. heptane or pentane instead of hexane
- Check for safer procedures
→ e.g. “DrySyn” instead of oil bath



STOP: Strategic measures

- Check for “hidden” / secondary hazards
→ e.g. laser class 4: produces not only light, but might also cause fire
- Preferably use small quantities of chemicals
→ e.g. small-scale reactions; large scale only with optimized parameters



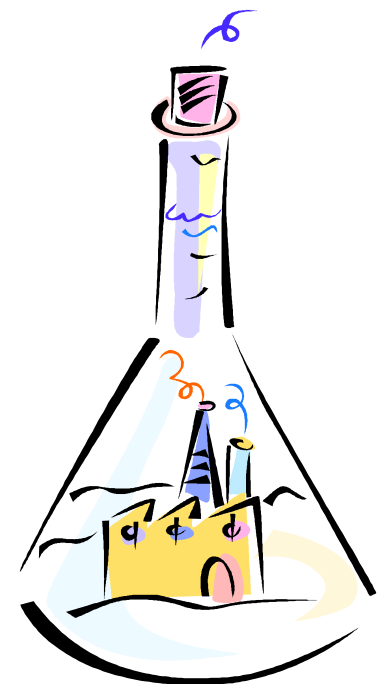
STOP: Technical measures

- Separate work areas
 - some work (e.g. radioactivity, biohazard) need special labs
- Gas detection
 - when working with hazardous gases or liq. N_2 (depending on quantity)
 - contact SSHE



STOP: Technical measures

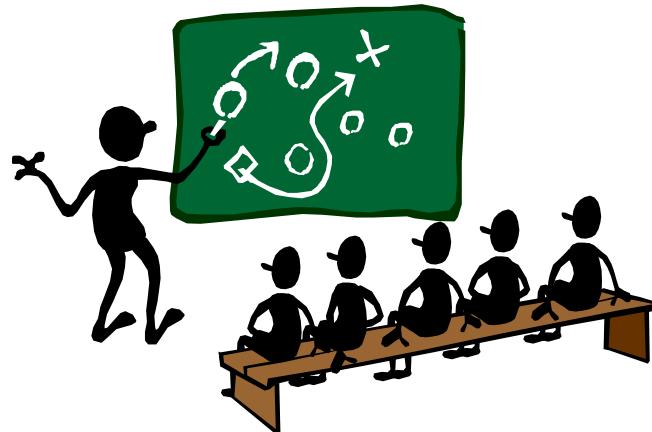
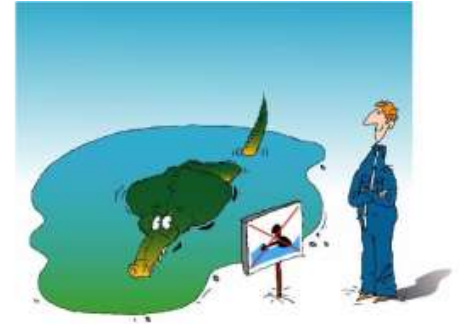
- Shielding
 - e.g. shatter protection shields, lead shields for gamma-radiation
- Ventilation / fume hood / local exhaust ventilations
 - no hazardous work in non-ventilated areas
 - handling harmful chemicals, soldering



STOP: Organisational measures

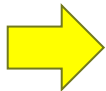
Instruction / training / SOP's

- Mandatory (supervisor is responsible for instruction / training, employees have to work according to them)
- Also for students, visitors, maintenance personnel, etc.
- Set up SOP's for specific procedures



Courses and seminars organized by SSHE

- gas cylinders
- biosafety
- laser seminar
- radiation protection
- disposal of hazardous waste
- working with nanoparticles
- fire fighting training
- etc.



SSHE course calendar:

<https://www.ethz.ch/services/de/service/sicherheit-gesundheit-umwelt/aus-und-weiterbildung/kurskalender.html>

STOP: Organisational measures

Labels / signs

- Hazard symbols, warning signs, obligations, access restriction
(available from the SSHE → stickers@ethz.ch)
- Employees have to know what they mean and how to behave
- Use signs when necessary **but never warn of non-existing hazards!**



Lab safety – some general rules

- Entrance only for people working in the lab
- No food and drinks in the lab
- Disorder amplifies the risk → keep your working area clean
- Never do risky work alone → there must always be a second person in the same room
- „Hot things often look the same as cold things“ → be careful
- Experiments running over night → secure all media (cooling water, etc.)

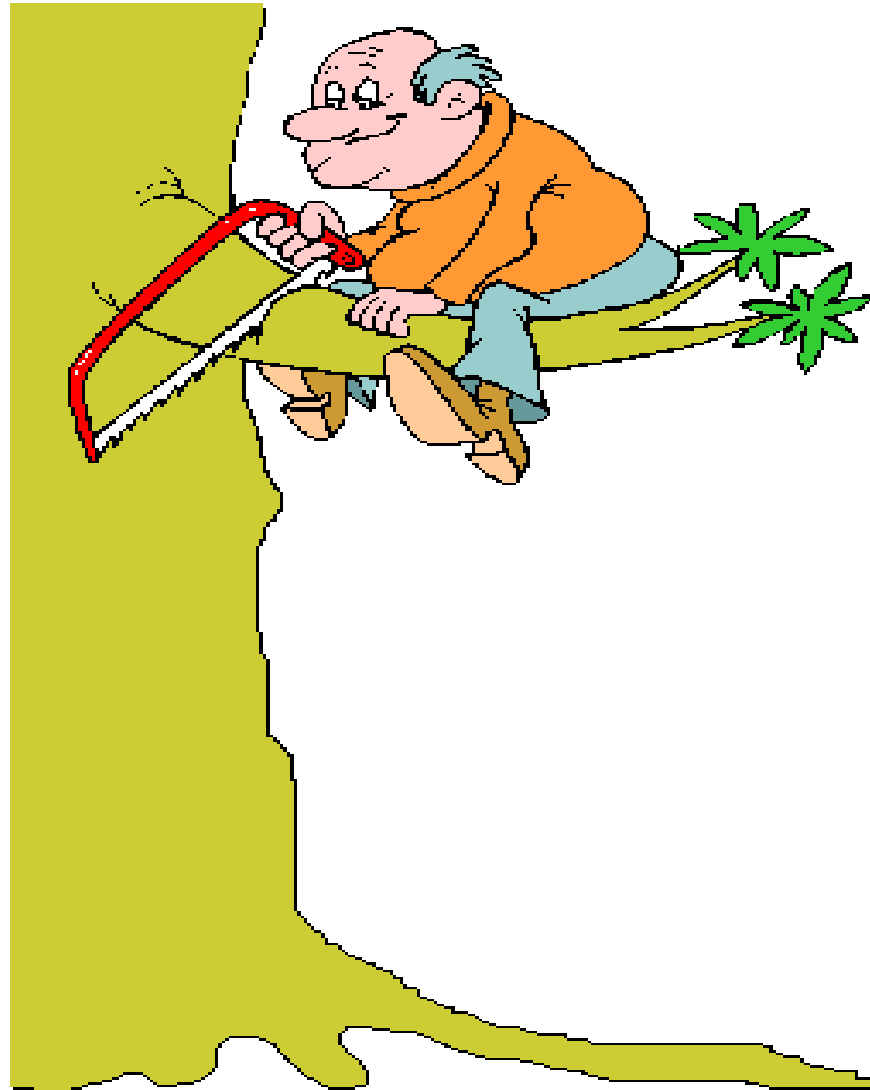


source: http://nobel.scas.bcit.ca/debeck_pt/science/safety.htm

Disorder amplifies the risk



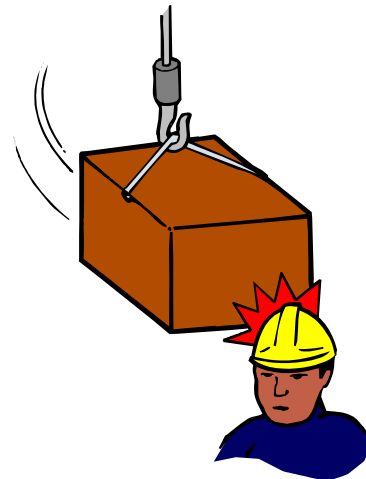
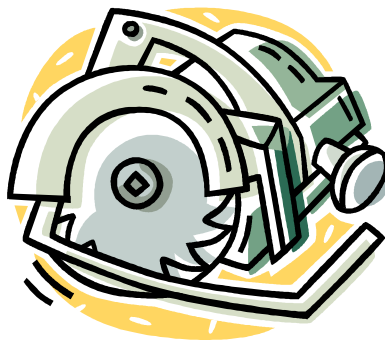
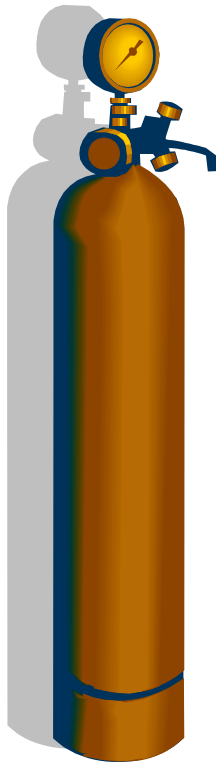
Risky work



Never do risky work alone



source: <http://de.wikipedia.org/>



Lab safety – some more rules



What we want to avoid !

- Wear appropriate clothing
→ long trousers, robust and closed shoes
- Wear appropriate PPE (safety glasses, lab coat, etc.)



source:

http://nobel.scas.bcit.ca/debeck_pt/science/safety.htm













Overnight

Nachttafel / Overnight Experiment

Stab SGU, ETH Zürich

Nachttafel für Experimente / Overnight Experiments

Gebäude und Raumnummer / Building and room number: _____

Datum und Uhrzeit <i>date and time</i>													
Beginn <i>start</i>									Ende <i>end</i>				
Verantwortliche Person und Stellvertreter <i>responsible person and deputy</i>													
Name <i>name</i>									private Telefonnummer <i>private phone number</i>				
Name <i>name</i>									private Telefonnummer <i>private phone number</i>				
Experiment / Reaktion <i>experiment / reaction</i>													
Beschreibung <i>description</i>													
Reaktionsgleichung <i>chemical equation</i>													
Lösemittel <i>solvents</i>													
Medien <i>media</i>	<input type="checkbox"/> Elektrizität <i>electricity</i>		<input type="checkbox"/> Kühlwasser <i>cooling water</i>		<input type="checkbox"/> Stickstoff <i>nitrogen</i>		<input type="checkbox"/> Vakuum <i>vacuum</i>		<input type="checkbox"/> sonstiges: <i>other:</i>				
Spezielle Gefahren <i>Particular hazards</i>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	
Geeignete Löschmittel <i>Suitable extinguishing agents</i>	<input type="checkbox"/> Wasser <i>Water</i>				<input type="checkbox"/> Kohlendioxid (CO ₂) <i>carbon dioxide (CO₂)</i>				<input type="checkbox"/> Sand <i>sand</i>				
Notfallmassnahmen <i>Emergency measures</i>													

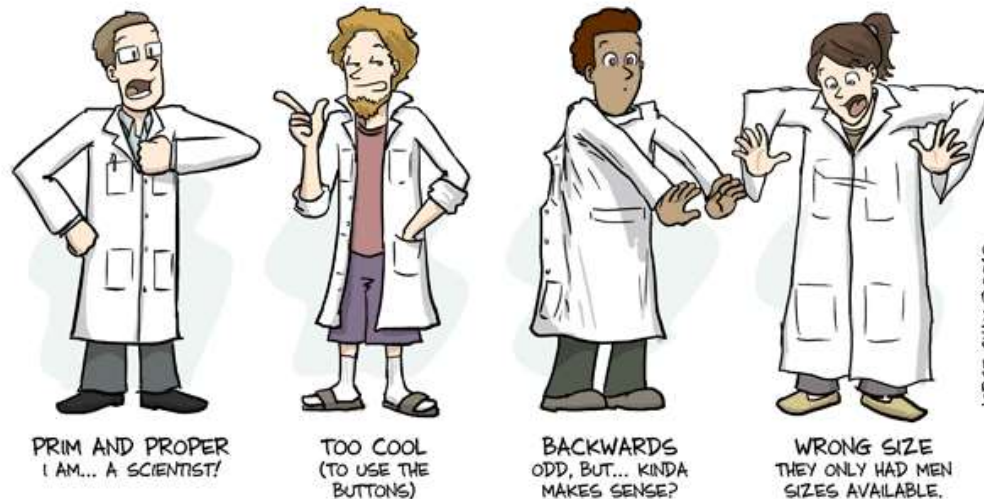
Datum und Unterschrift / *date and signature:* _____



Personal Protective Equipment

STOP: Personal protective equipment – Lab coats

- Protection of lab personnel, environment and samples
- Mandatory in all (micro-) biological and chemical labs and when handling hazardous substances (e.g. liq. N₂, special waste, etc.)
- Not allowed: at desk, in cafeteria, in offices, etc.
- To be washed regularly (for laundry service: contact SSHE)
- In biosafety labs level 2: disinfect after contamination



EYE PROTECTION



Safety goggles



- Protection of lab personnel
- Mandatory when
 - Risk of splashes / aerosol production / dust production
 - Spill cleanup
 - Handling chemicals (including solvents) or cryogenic liquids
 - Working with lasers (class 3B and 4)
 - Cutting glass
- Don't wear contact lenses (not even in combination with safety goggles)



→ When 1 person is doing such work in the lab, all others have to wear safety goggles, too!

Safety goggles



- Optically corrected safety glasses can be obtained via SSHE
- **Normal glasses don't replace safety goggles!**



HAND PROTECTION



Gloves



- Protection of lab personnel, environment and samples
- Regularly check and replace re-usable gloves, never re-use single-use gloves
- Mandatory when
 - contact with hazardous substances or pathogenic material cannot be excluded
 - handling cryogenic liquids (liquid N₂ etc.) or dry ice



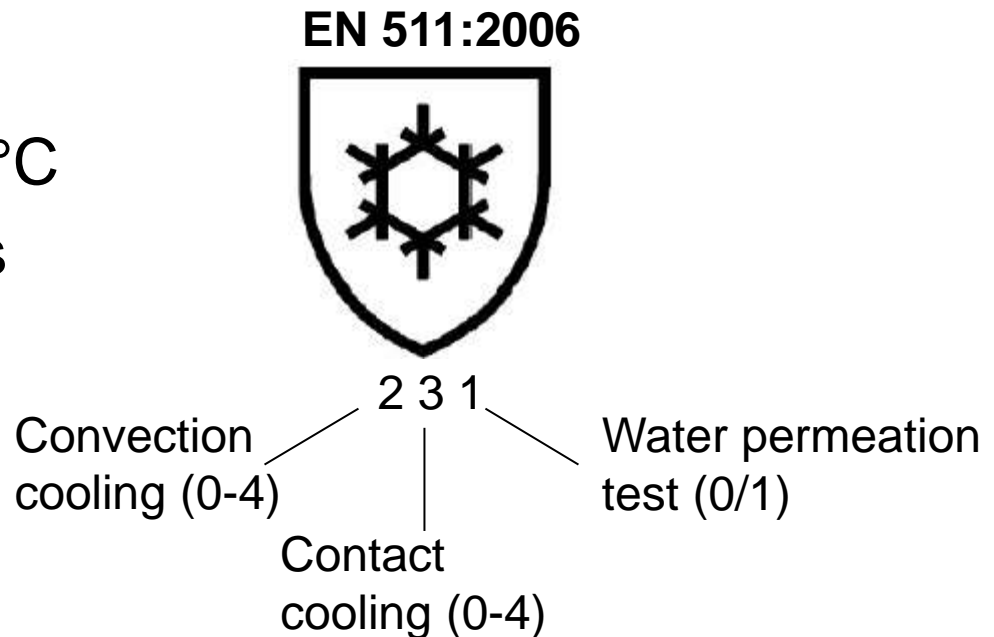
**→ Replace gloves after max. 2 h,
wash hands and use hand cream**

COLD



Protective Gloves against Cold

- Norm EN 511: for all gloves which protect against convection cooling and contact cooling up to -50°C
- Additionally, these gloves must at least belong to performance class 1 according to norm EN 388 regarding abrasion resistance and tear propagation



Protective Gloves against Cold



Protective Gloves against Cold



Liquid Nitrogen



After the removal of the blisters



2 weeks after the incident

Source: P. Roblin, A. Richards, R. Cole, Burns **23**, 1997, 638-640

- Handling of test tubes with tongs/tweezers, which were deep frozen in liquid nitrogen – person wore protective gloves
- No direct contact with liquid N₂
- Years of working experience

CHEMICAL RISKS



Protective Gloves against Chemical Risks

- Waterproof, only little protection against chemical risks; NOT «resistant against chemicals»
- Good degradation and penetration characteristics, protects against permeation by chemical substances
 - **Degradation:** durability, soaking
 - **Penetration:** A chemical substance penetrates a damaged spot in the material / porosity, through leaking stitching (macroscopic permeation)
 - **Permeation:** A chemical permeates the material of the glove on a molecular level
breakthrough time (min – h)



Requirements for gloves

- **Aim:** Unimpaired working performance and, at the same time, highest possible protection
- Ergonomic fit
- High-quality materials
- Practice-oriented in terms of tactility, grip, skid resistance, «interior climate»
- Durability, lifetime



Protective Gloves against Chemicals

- Glove considered resistant to chemicals, when it reaches a protective index of at least class 2 against three of the twelve test substances



- **Test substances**

(A) Methanol, (B) Acetone, (C) Acetonitrile, (D) Dichlormethane, (E) Carbon disulfide, (F) Toluene, (G) Diethylamine, (H) Tetrahydrofurane, (I) Ethylacetate, (J) n-Heptane, (K) NaOH 40 %, (L) H₂SO₄ 96 %

- **Protective index according to EN 374-1**

breakthrough time

Class 1 > 10 min

Class 2 > 30 min

Class 3 > 60 min

breakthrough time

Class 4 > 120 min

Class 5 > 240 min

Class 6 > 480 min




Protective Gloves against Chemical Risks



Protective Gloves against Chemical Risks



Comparison of Different Glove Materials

	Nitrile 	Latex 	PVA 
Water	Good resistance	Good resistance	Weak resistance
Acetone	Weak resistance	Medium resistance	Weak resistance
Trichlorethylene	Weak resistance	Weak resistance	Good resistance
NaOH, 40%	Good resistance	Good resistance	Weak resistance
Toluol	Medium resistance	Weak resistance	Good resistance

Chemical Resistance



NitroChem Plus

	Breakthrough time in minutes	Protective index 0-6
Ethanol	8	0
Ethidium bromide in H ₂ O	> 480	6
Ethyl acetate	< 1	0
Formaldehyde 35%	> 480	6
Gasoline	84	3
Glutar dialdehyde	> 480	6
Heptane 98% + 1-Butanol 2%	9	0
Hexane	> 480	6
HCl	126	4

Sources of Information

- Safety data sheet
- GESTIS Substance Database
 - [http://gestis-en.itrust.de/nxt/gateway.dll?f=templates\\$fn=default.htm\\$vid=gestiseng:sdbeng](http://gestis-en.itrust.de/nxt/gateway.dll?f=templates$fn=default.htm$vid=gestiseng:sdbeng)
- <http://www.ansell.com>
- <http://kcl.de>
- <http://www.mapa-professionnel.com>

Acetone (MSDS) – protection of hands

Wear protective gloves



Material of gloves

Butyl rubber, thickness: 0,7 mm

The selection of the suitable gloves does not only depend on the material, but also on further marks of quality and varies from manufacturer to manufacturer.

Penetration time of glove material

Value for the permeation: Level ≥ 6

The exact breakthrough time has to be found out by the manufacturer of the protective gloves and has to be observed.

As protection from splashes gloves made of the following materials are suitable: Natural rubber

Gloves



- To be removed before
 - Working at desk / office space
 - Touching computer keyboards, door handles, telephones, etc.
 - Leaving the lab

How to remove gloves



RESPIRATORY PROTECTION





Respiratory protection: Respirators



Some basics:

- Mandatory when risk of toxic gases or chemical vapors / smoke
- All potentially exposed people have to wear one
- 2 Types:
 - Dependent on circulating air
 - Independent of circulating air



Respiratory protection: Respirators



Masks dependent on circulating air:

- (A) Full face masks
- (B) Half masks



source: <http://www.pps-vertrieb.de/maske-sfera-silikon-vollmaske.html>



source:
<http://www.ace-markenshop.com>



source: <http://www.ritz-arbeitsschutz.de/industrie/atemschutzmasken/halbmasken/index.html>



source: <http://www.schutzbussshop.de/Moldex-Halbmasken-Set-8982-mit-A1B1E1K1-P3-R-D-Filter>



Respiratory protection: Dust Masks

Some basics:

- Mandatory when risk of hazardous dusts / aerosols
- All potentially exposed people have to wear one
- Doesn't protect against chemical vapors or toxic gases
- Doesn't protect against lack of oxygen
- **Doesn't replace a fume hood!**
- **Surgical masks \neq dust masks!**



www.shutterstock.com - 22181012

Dust Masks



Surgical face mask (*no FFP class*)

Filter classes:

3 classes according to European standard EN149:2001(2009)

Filter class	Penetration limit (@95L/min air flow)	Inward leakage rate
FFP1	> 80%	< 22%
FFP2	> 94%	< 8%
FFP3	> 99%	< 2%

Make sure the dust mask suits you
(not only filter class is important)



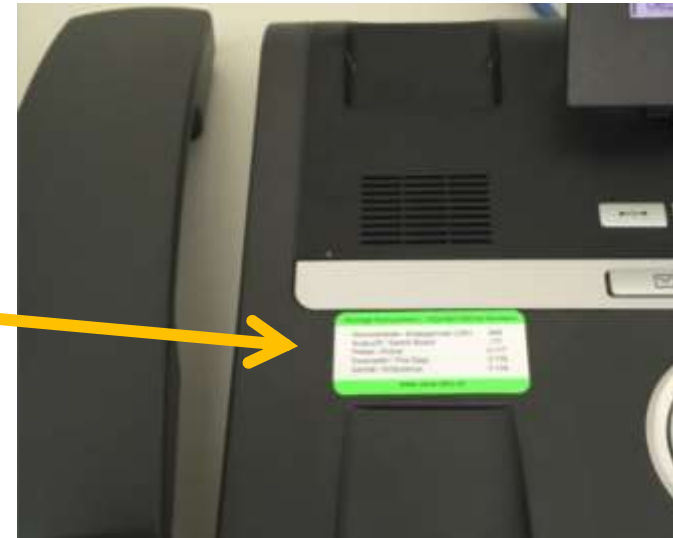
FFP 3: different mask types



Emergencies - How to react

Emergency Numbers

Important emergency numbers on all ETH-phones



ETH Emergency Desk (24/7):

from internal phones: **888**

from external phones: **044 342 11 88**

External services

(0)118 fire brigade

(0)144 ambulance

(0)117 police

Intoxication

(0)145 Tox Center
(counselling)

Possible Emergencies

- Accident
- Fire



Accident

Unfall – was tun? Accident – how to react?

1. Verletzungsart >
Alarmieren
Kind of injury >
Call 'S.O.S.'

Immer
888
always



Schwerer Unfall
Severe accident

0-144



Vergiftung
Poisoning

0-145



2. Nothilfe leisten
First Aid



Alle Notfälle / All emergencies: 888

ETH Zürich / Sicherheit, Gesundheit und Umwelt (SGU) / www.sicherheit.ethz.ch

Alert (phone)

- **Where** did it happen?
- **What** did happen?
- **Who / How many** is / are involved?
- **When** did it happen?
- **How** did it happen?
- **What else** could be important?
- **Who** is calling?



First Aid

- First-Aid-Zip-Bags
 - in corridors / staircases
- Eye showers
- Emergency showers
- Help the internal First-Aid-Team



Eye showers



Key Rules

- First priority: Always YOUR OWN SAFETY!
- Stay calm, call 888
- Secure the area
- Apply first aid & wait for ETH first aid team
- Give necessary information to emergency services (but to nobody else!) → no contact to media!
- Do not walk around → avoid contamination
- Do not clean the area where the accident happened → might be evidence !



Fire

Feuer – was tun? Fire – how to react?

**1. Alarmieren
Call 'S.O.S.'**



**2. Personen retten
Rescue all people**



**3. Türen schliessen
Close all doors**



**4. Brand bekämpfen
Fight the fire**



Alle Notfälle / All emergencies: 888

ETH Zürich, Abt. Sicherheit / safety@su.ethz.ch / www.sicherheit.ethz.ch

Alert (phone / fire alarm button)

- **Where** did it happen?
- **What** did happen?
- **Who / How many** is / are involved?
- **When** did it happen?
- **How** did it happen?
- **What else** could be important?
- **Who** is calling?



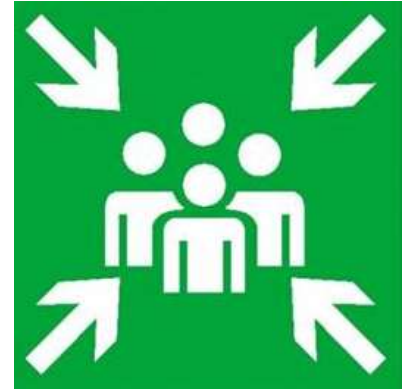
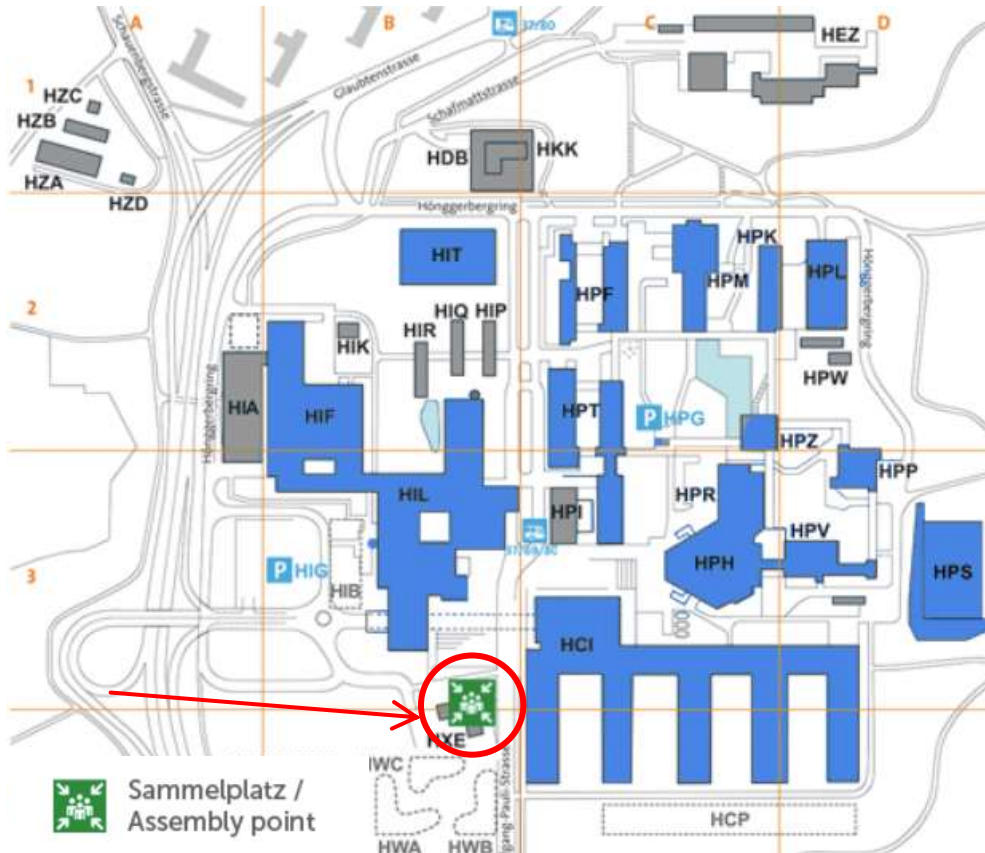
Rescue People, Close all doors

- Leave the building immediately
- Close doors!
- Go to Assembly Point
 - Höggerberg: HXE
 - Zentrum: ASVZ-Sporthalle

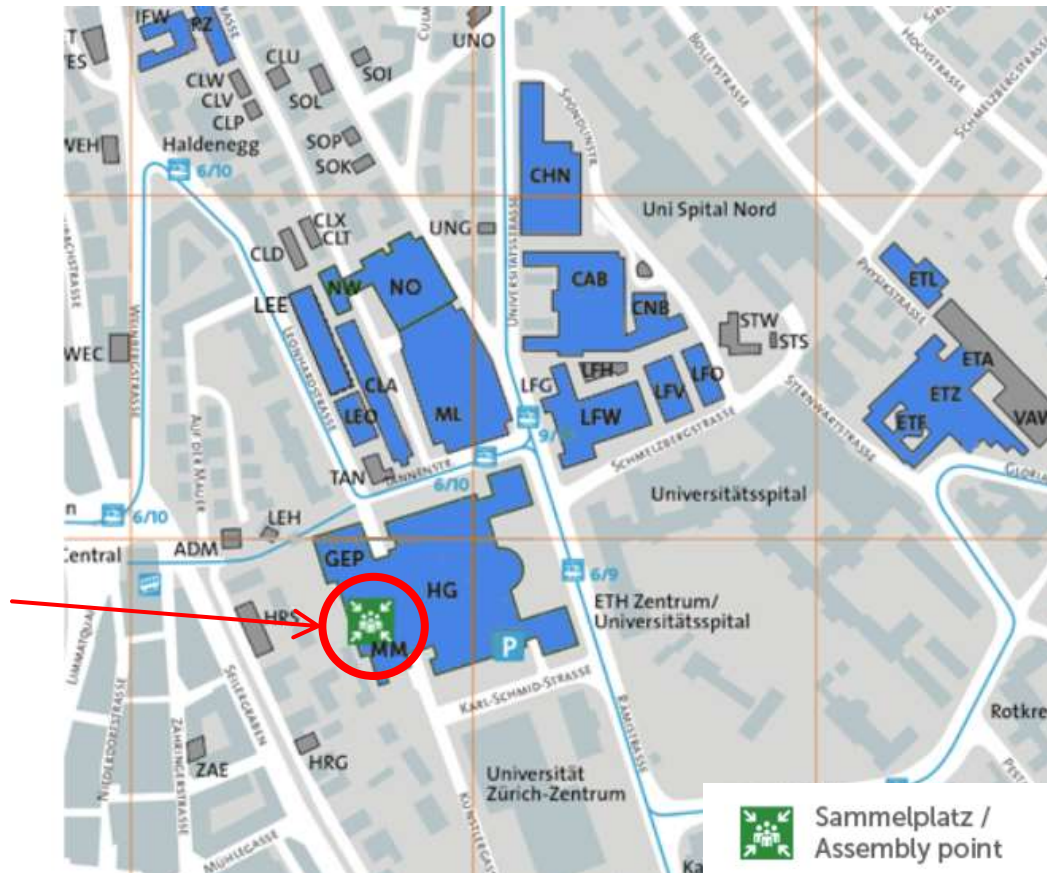
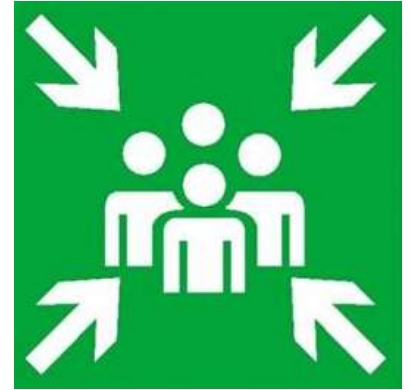


Assembly Point ETH Hönggerberg

- In front of building HXE



- In ASVZ – Sporthalle



Fight the fire

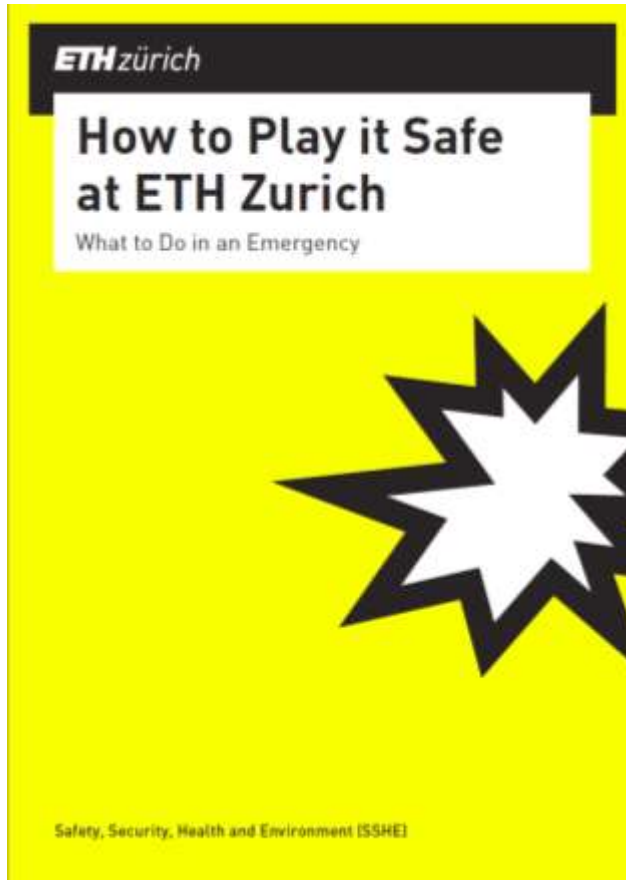
- **First priority: Always YOUR OWN SAFETY!**
- Fire fighting training every autumn organized by SSHE
- Fire fighting equipment in the corridors
 - Extinguishers
 - Sand
 - Fire blanket



Fire extinguishers



Further Documentation



<https://www.ethz.ch/services/de/service/sicherheit-gesundheit-umwelt/dokumente.html#Laborsicherheit>

In Case of Emergency: Apply to Key Rules



<https://www.youtube.com/watch?v=tSoHs1h0UFk>



Questions